

# Ottawa Council of Women February 2016 Bulletin

*Women working together to  
Improve the lives of women,  
their families and  
communities*



*2015 /17 Theme:  
Safety and Security  
of Persons*

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*Welcome , 2015/16 Ottawa Council of Women Federate Members :*

- \* Acorn
- \* Anglican Church Women, Ottawa Diocese
- \* Beta –Sigma Phi, Ottawa
- \* Carefor Health Community Service
- \* Canadian Federation of University Women of Kanata
- \* Canadian Federation of University Women of Ottawa
- \* Dominion-Chalmers United Church Women
- \* Home Economics Association of Ottawa
- \* Ontario Association of Social Workers- Eastern Branch
- \* Ottawa City Union, Order of King's Daughters & Sons
- \* Polish Canadian Women's Federation Ottawa #8
- \* Ottawa Presbyterial United Church Women
- \* Quota Club of Ottawa
- \* Retire- at - Home
- \* Retired Women Teachers of Ontario/Ottawa
- \* Rideau Park United Church Women
- \* Ukrainian Women's Association – Ottawa
- \* Wabano Centre for Aboriginal Health
- \* Zonta Club of Ottawa

## **From the President**

Winter has arrived. Finally, there is skating on the Canal and after an exhilarating outing in the cold, we need and appreciate the comfort of a warm shelter and hot hearty healthy food. It has been forever thus in wintery Canada, it is a matter of survival. So it only follows that housing and the availability, affordability and safety of food as well as access to food for all, but also for the disadvantaged population has been one of the central concerns of the Council of Women and its earliest Federates. Local Councils and their Federates fought hard to ensure safe clean drinking water and milk, meat and bread, fruit and vegetables and seasonal markets in their towns. Ottawa Council worked for the establishment of community gardens for unemployed men, at first on land provided by St. Andrews Church. Standardized content, size and quality of canned goods, with accurate labelling (1919) food inspection, cold storage regulations (1914), price controls, removal of sales tax on essential food items were all pressed for successfully at the various political levels. Classes on cooking economical meals for the wives of the unemployed as well as unemployed girls, home economics education in general, were pursued. (cont. p.2)

## **Notice**

### **Ottawa Council of Women February General Meeting**

Date: Tuesday, February 16, 2016

Time: 11:30 a.m. to 2:30 p.m.

Business Mtg: 11:30 a.m to 12:00 noon

Panel: 12 noon to 1 p.m.

Lunch will be available

Place: Rideau Park United Church,  
2203 Alta Vista Drive/Cunningham

**Panel:**

### **"Food Security - A Look at Food Access and Food Systems in Ottawa**

Panel Members:

- Kaitrin Doll, Anti-Poverty Community Coordinator, Rideau-Rockcliffe, Community Resource Centre
- Moe Garahan, Executive Director, Just Food
- Carissa Davis, Community Member

(Continued from page 1)

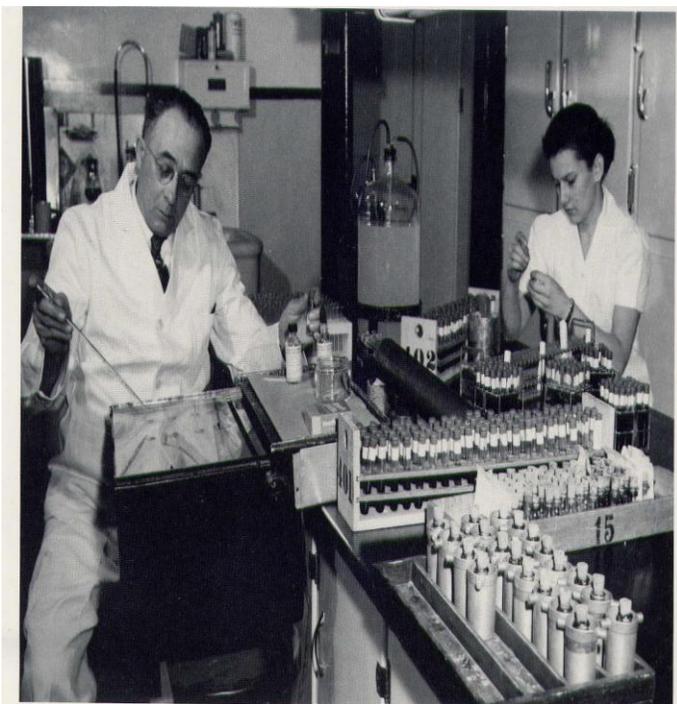
The Council's campaign for the admission of margarine for sale lasted several decades, and was finally successful in the First World War (1917). Consumers at the time thought imported goods better. Council called for the promotion of the superior Canadian grown dairy and farm products by the federal and provincial governments. These advances in the production, quality of food and basic access to safe food for all Canadians required the passing of many federal and provincial laws, rules and regulations. Council of Women concerns and actions that families receive value for their money in the area of food, would extend to other items needed by families, and grow into the creation of the Consumers Association. The label "made or grown in Canada" would finally be one signifying excellence in many areas.

No matter where we fit on the socio-economic scale, access to healthy food is important for all of us. Consumer education as to the best food choices related to best food prices is still needed by most. These days, those who can afford it, adhere to a 100 km organic diet. Clients at food banks and soup kitchens just hope that there will be some food for them and their families. Our February 16 General Membership Meeting panel discussion at Rideau Park United Church will explore some of the successes and challenges faced by our panelists who are making "food for all" in Ottawa their business. We invite you to attend, and we look forward to sharing your concerns on the topic of food with you.

I also should like to draw your attention to the wonderful International Women's Day Event that will present and celebrate accomplished local indigenous women. This event is brought to you by the three Ottawa CFUW-Clubs and the Ottawa Council of Women. You are most cordially invited. It should be great fun.

Edeltraud Neal, President, Ottawa Council of Women.

## From the 1993 Centennial Calendar published by the Council of Women of Ottawa and Area:



Photographer: K.A. DuBroy / Courtesy - Agriculture Canada

*This resolution has helped ensure the pure milk supply that we take for granted. Standards are set and maintained by Agriculture Canada*

### Montreal PQ

#### 1913 Ensuring a Pure Milk Supply

" Resolved –

- a) That –the National Council urge upon Local Councils to do their utmost to secure municipal by-laws requiring the application of tuberculin tests to all milk giving cows (and) forbidding the sale of all meat which has not been properly inspected and stamped in an abattoir
- b) That the National Council recommend the Local Councils to organize "fly campaigns" along educational lines, since it is well known that these (cows) carry tuberculosis and other diseases to milk and meat.

**Blood testing for brucellosis at the  
Animal Disease Research Institute , April 1957**

## 2016 Ottawa Council of Women General Meetings

Tuesday, Jan. 19, 2016 from 11:30 am to 2:30 pm at Rideau Park United Church – Theme: Home Care  
Tuesday, Feb.16, 2016 from 11:30 am to 2:30 pm at Rideau Park United Church – Theme: Food Security & Safety  
Saturday, March 19, 2016 from 9:30 am to 4:00 pm at Overbrook Community Centre -- Theme: Resolutions Meeting  
Monday, April 18, 2016 from 5:30 pm to 9:00 pm at International Restaurant --Theme: AGM  
Algonquin College

### Summary OCW Homecare Panel- General Meeting January 19, 2016

#### “Homecare...why it is not an easy fix.”

Respectfully submitted, Sheila Perry, VP and Program Chair, Ottawa Council of Women

We are all aware that there are increasing pressures on the Homecare Industry. As our population is aging and the number of seniors is growing, the delivery of Homecare services is facing big demands. Awareness of the delivery system, employers, employees and various models were discussed by the following panel members at our OCW January 19th meeting at Rideau Park United Church:

- **Bob Cerniuk** - CEO, Carefor Health and Community Services – a not-for-profit Home Health Care service provider.
- **Zora Jackson** – 2nd Vice-President, Ottawa Council of Women.
- **Beverlee McIntosh** – Vice-President of Health, Provincial Council of Women and Member of the Ontario Caregiver Coalition.

Each panel member shared comments on the growth of Homecare, its challenges and potential solutions.

- Beverlee noted some of the changes in Homecare since its beginnings in 1985 as a very rich system, to drastic cuts in 2000 and the current movement to “aging in place” as a less expensive system. However, challenges arise with the complexity of tasks, the type of service needed and staffing. Models of delivery vary, budget and expenditures, weather in Canada, and a movement to a local integrated network challenge management and everyone to work towards potential solutions.
- Zora shared her concerns for the safety of the employees and the variety of conditions faced by women in the workplace. Security and caregiver issues were cited from hospital to home, access, transportation and standards of care.
- Bob traced the roots of Carefor from 1897, as the founding branch of the first national community nursing and home care organization in Canada(VON), when skilled nurses reached out to sick, poor, and low income population, including those in rural areas. Carefor is a charity and not-for-profit health care organization providing a variety of programs and services to local Ottawa, Renfrew and Eastern counties. Nursing, personal support services, adult day program, geriatric management, and hospice care are examples of the services provided by 1200 employees and over 1000 volunteers. Carefor’s adult day program ran 272 days last year with 5,877 spaces filled, with a vacancy rate of .5%. Donor support assists these clients. However, funding failures are evident with VON filing for bankruptcy in 5 provinces (2015), 600+Ontario Community Support Agencies not financially viable, 60 agencies are in Champlain, Provincial funding has been frozen for 5 years and new funding has been limited to new service volumes only. As CEO of Carefor Health and Community Services, Bob notes the following recommendations to help “fix” the agency sustainability problem: 1) fund the homemaker and homecare provider agencies so that they can respond adequately to Ontarian’s needs and address the issue of low income for Personal Support Workers 2) consolidate Local Health Integration System(LHIN), Community Care Access Centres(CCAC) and Community Support Service(CSS) agencies

into a financially viable and integrated system. Additional needs and improvements include: reducing wait lists, enhancing assisted living and supportive housing, an expanded dementia strategy, capacity to access mental health and addiction services, system navigation, care plans, financial assistance for clients, transportation, technology connections, and expanding the Going Home Program Transition from hospital. In summary, Ontarians should be able to access services in a timely, affordable and understandable manner and measures must be taken to identify and improve administration of services by CCAC's.

Homecare is not an easy fix. However, as we move forward to make improvements in the system, we are grateful for the leadership of Carefor and the recommendations by all panel members.



## 2016 RESOLUTIONS

**From: Jeannette Logan and Monica Cullum, OCW Resolution Co-Chairs**

The proposed 2016 Provincial and National Resolutions were sent to you electronically on February 2<sup>nd</sup>, 2016. Please review these proposed resolutions carefully and thoughtfully. The Councils of Women express their views through resolution writing which then is used for advocacy with governments in Canada. We are a grass-root organization.

You have until Mar 18, 2016 to review and prepare any recommended amendments. Please consult your organization where appropriate. The OCW resolution debate is open to all members and federates on Mar 19, 2016 at 9h30 am at Overbrook Community Centre.

The results of this debate will be sent to the national and provincial councils' resolutions committees by Mar 31. The final votes take place at the respective AGMs later in the spring. All successful resolutions and updates are adopted as policy. Any Emerging Issues can be raised before the AGMs; please let us know.

The following resolutions are written in two formats: traditional, and plain language. You may let us know which you prefer, as this question will be put to a vote this year. You have received ONLY the resolved clauses; if you wish to read the whole resolution, please let me know.

Sincerely, Jeannette Logan

OCW Advocacy, and NCWC VP Environment [jeclogan@gmail.com](mailto:jeclogan@gmail.com) (819) 682-4052



### PROVINCIAL COUNCIL OF WOMEN OF ONTARIO CALENDAR 2016

January 15	Resolutions are sent to membership
February – 3rd week	Registration forms and Agenda for Annual Meeting are sent out
March 31	Deadline for submitting amendments to resolutions, and updates
April 8	Deadline for sending in registration forms for AGM
April 22-24	Annual General Meeting in Toronto



# Moving Forward – One Step at a Time!

Special Guests: *Laura Leonard, Ottawa Fashion Designer • Linda Grussani, Director, INAC Aboriginal Art Centre • Louise Profeit-LeBlanc, Master Storyteller*  
International Women's Day Event • Tuesday March 8th from 5:30-9:00pm • Tickets \$30 • Register Online: [www.cfuw-ottawa.org](http://www.cfuw-ottawa.org)



## Acorn Event: Trivial - Beer-Suit.

Rally your trivia team... you're going to need them for team trivia. Also enjoy a host of Craft Beers from Ontario and Quebec to make this event a must for cold February. We will feature fantastic silent auction items and sweet raffle prizes all night. In the heart of city hall!

**When?** Friday February 26, 2016, doors open at 6PM event runs until 9:30PM

**Where?** 110 Laurier Ave West (City Hall), Jean Piggott Hall – main foyer

**Why?** Fundraiser for Ottawa ACORN, leader and winner of important social justice campaigns

Contact Ottawa ACORN  
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Check us out at: [www.acorncanada.org](http://www.acorncanada.org)

This OCW Bulletin will appear monthly. Members' short contributions welcome. Please e-mail to [the\\_neals@sympatico.ca](mailto:the_neals@sympatico.ca) or mail your contribution by the 20<sup>th</sup> of each month to Edeltraud Neal, 1786 McMaster Avenue, Ottawa, ON, K1H6R8